

**June 25, 2022**

The Lord wants you to experience real and abundant life:

**Isa. 40:30-31** *Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint. (NIV)*

As one of my favorite passages in all of God's word, I count this as my verse of encouragement. We all need to be encouraged don't we? As a friend of mine used to say, this world has a tendency of beating us down, chewing us up and spitting us out. Sometimes you may feel that you don't have it in you to carry on. Isaiah is reminding us to not give up, but to continue on, even when it seems we can't make it.

Because we have the Holy Spirit living within us and walking along side of us, we have THE Encourager. He knows what we need, when we need it. I think of all the times in my life when it seemed hopeless or despairing, and then God's Word reminds me: ***I can do all this through Him Who gives me strength. Phil. 4:13*** and again **v. 19, *And my God will meet all your needs according to the riches of His glory in Christ Jesus. (NIV)***

Beloved, take these words of encouragement today as an intimate word from the Father Who loves you, more than anyone else could ever love you. The eagle is the most amazing bird in God's kingdom and reminds me of strength, power and resolve. This amazing bird can fly 225 miles in a day and fly continuously for up to six hours. The grip-strength of the eagle has been reported to be up to 823 psi. This is ten times stronger than the human hand. We are just to be reminded that since the LORD can make an eagle soar and carry its prey in mighty talons, He can strengthen us for anything that we might face today. **Prov. 3:5-6 *Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight. (NIV)***

**Dear LORD, help me to completely trust in You today in every situation that I face. I know that You will always be there for me and You will help me and pick me up when I fall down. I love You LORD. In Jesus Name, Amen**